

# Lake County Mental Health Advisory Board

Regular Meeting - Thursday, January 11, 2024 4:00pm – 5:00pm

## **Physical location of Board members during meeting:**

-Circle of Native Minds, 525 N. Main St, Lakeport, Ca

Members of the public may also attend via Zoom using the link or dial in information below.

## **Zoom link for this meeting:**

<https://us02web.zoom.us/j/83773141863?pwd=SmFFcC9QSGIDNVcwa3h5NG9JYmg4QT09>

Meeting ID: 837 7314 1863

Passcode: 123456

Dial in by phone: +1 669 900 6833 US (San Jose)

Board meetings are open to the public and may be recorded for individual use only.

**Our Main Purpose:** “Review and evaluate the community’s public mental health needs, services, facilities, and special problems in any facility within the county or jurisdiction where mental health evaluations or services are being provided, including, but not limited to, schools, emergency departments, and psychiatric facilities.” (State of California WIC Section 5604.2)

## **Meeting Conduct Agreements**

- Show up, be on time, be prepared
- Practice active Listening – Listen respectfully and appreciatively, Ask questions to clarify understanding, Rephrase what you heard to confirm understanding
- Focus on Issues –
  - Speak to the question or issue under discussion, and to the group, not to an individual
  - One person speaks at a time – avoid side bars and chatting or messaging during meetings
  - Keep comments short if possible – avoid monopolizing the discussion or making a speech
  - State what you think, not what others think
  - Allow the facilitator to 'direct speaking traffic'
  - Leave outside concerns outside – Silence cell phones, Limit background noise
- Person-First Language -
  - A person with a mental illness, not the “mentally ill”
  - A person living with an addiction, not an “addict”
- Use respectful language - avoid profanity and personal attacks or criticism (of self or others)
- Be open-minded and objective: be informed by your expertise - decide based on evidence
- Limit use of Acronyms – “When in doubt, spell it out.”

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Megan Morgan

## Board Members

- Julie Pennington (Colfax), Previous Chair  
(she, her)
- Bonnie Blumenthal, LMFT (she, her)
- Simone Tatman (she, her)
- Stacy Bethel (she, her) Chairperson
- Kendra Wiegand (she, her)
- Danny Wind (they, them)
- Vacant

## Lake County Behavioral Health

- Elise Jones

## Board of Supervisors

- Michael Green
- Alt. Moke Simon

## Stakeholders

- Betsy Cawn, Acting Recording Secretary
- Janet Taylor
- Frank & Willyum Smithwaters
- \_\_\_\_\_
- \_\_\_\_\_

## AGENDA

1. Call to Order & Establish Quorum
2. Roll Call & Introductions
3. Approve Agenda –
  - a. Consider input on changes to Agenda for January 11, 2024 regular meeting
4. Approve Minutes -
  - a. Consider input on changes to Minutes from November 9, 2023 regular meeting.
  - b. \*Approve Minutes from November 9, 2023 regular meeting - **Action Item**
5. Lake County Behavioral Health
  - a. Director of Behavioral Health Elise Jones
6. Public Comment on non-agenda items (board members will not participate in any official discussion of items presented at this time)
7. Membership
  - a. New member welcome: Danny Wind Appointed on 12/8/23
  - b. One open position remains on LCMHAB - Interested parties are invited to attend at least two regular meetings, and then submit an application for Board Appointment – by

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following the information found here:

<https://www.lakecountyca.gov/1184/Mental-Health-Board>

## 8. Policy, Procedure, and Template updates –

- a. \*Approve 2024 Task List and Meeting Calendar (see also 2024 Calendar Graphic) -

### **Action Item**

- b. Next up: Data Notebook procedures coming soon
- c. New Member Handbook and Training planned -
  - i. Set date: Proposed dates - December 20 – 23? - **Action Item**
- d. New Board Email – Please send all correspondence to: LCBHAB@gmail.com
- e. Meetings to move to Google meets, new link beginning Feb 2024

<https://meet.google.com/imo-icge-kbn>

- f. New Shared Google Drive for Board members – to be distributed from new email address.

## 9. Workgroup, Reports and Proposals

- a. Board By-Laws Ad-hoc Committee workgroup
  - i. \*BHAB Bylaws rev 121423 Final proposed - **Action Item**
  - ii. Resubmitting to County Counsel, with request to forward to BOS if approved.
- b. Data Notebook 2023 ad-hoc committee report

## 10. Nomination/Election of Vice Chairperson and Secretary

- a. Nominations for Vice Chairperson and Secretary - **Action Item**

## 11. Reminders/Follow-up

- a. CALBHBC Board Member Training (optional, strongly recommended) -

<https://www.calbhbc.org/training.html>

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- b. Local Board Trainings for New Members, and for each officer role, date TBD.

## 12. Announcements & Upcoming Public Meetings

### a. Upcoming LCMHAB Activities

- i. Thursday, February 8, 2024, 4pm - regular meeting of the LCMHAB – in person at Circle of Native Minds and online: <https://meet.google.com/imo-icge-kbn>

### b. Links for Upcoming Community Activities of interest to members

- i. CALBHB/C (Association of Local BH Boards) <https://www.calbhbc.org/>
- ii. CBHPC (BH Planning Council)  
[https://www.dhcs.ca.gov/services/MH/Pages/CBHPC\\_QuarterlyMeetings.aspx](https://www.dhcs.ca.gov/services/MH/Pages/CBHPC_QuarterlyMeetings.aspx)
- iii. MHSOAC (MH Services & Accountability Commission)  
<https://mhsoac.ca.gov/connect/commission-meetings/>

## 13. Adjournment

- a. Next LCMHAB Regular Meeting – February 8, 2024, 4pm at Circle of Native Minds

\*Additional documentation provided or to be presented (in Agenda package or at the meeting)