

Lake County Mental Health Advisory Board

Regular Meeting - Thursday, May 11, 2023 4:00pm – 5:00pm

In person locations for public attendance online:

Peer Centers at the following locations will be open to the public and connected to the meetings for participation, via online access:

- Big Oak Peer Center, 13300 E. Hwy 20, Suite O, Clearlake Oaks
- The Harbor on Main, 150 S. Main Street, Lakeport
- La Voz de la Esperanza Centro Latino, 14092 Lakeshore Drive, Clearlake

Members of the public may also attend via Zoom using the link or dial in information below

Physical location of Board members during meeting:

- Circle of Native Minds, 525 N. Main St, Lakeport, Ca

Zoom link for this meeting:

<https://us02web.zoom.us/j/83773141863?pwd=SmFFcC9QSGIDNVcwa3h5NG9JYmg4QT09>

Meeting ID: 837 7314 1863

Passcode: 123456

Dial in by phone: +1 669 900 6833 US (San Jose)

Board meetings are open to the public and may be recorded for internal use only (ie; secretarial minutes).

Our Main Purpose: “Review and evaluate the community’s public mental health needs, services, facilities, and special problems in any facility within the county or jurisdiction where mental health evaluations or services are being provided, including, but not limited to, schools, emergency departments, and psychiatric facilities.” (State of California WIC Section 5604.2)

Meeting Conduct Agreements

- Show up, be on time, be prepared
- Practice active Listening – Listen respectfully and appreciatively, Ask questions to clarify understanding, Rephrase what you heard to confirm understanding
- Focus on Issues –
 - Speak to the question or issue under discussion, and to the group, not to an individual
 - One person speaks at a time – avoid side bars and chatting or messaging during meetings
 - Keep comments short if possible – avoid monopolizing the discussion or making a speech
 - State what you think, not what others think
 - Allow the facilitator to 'direct speaking traffic'
 - Leave outside concerns outside – Silence cell phones, Limit background noise
- Person-First Language -
 - A person with a mental illness, not the “mentally ill”
 - A person living with an addiction, not an “addict”
- Use respectful language - avoid profanity and personal attacks or criticism (of self or others)
- Be open-minded and objective: be informed by your expertise - decide based on evidence
- Limit use of Acronyms – “When in doubt, spell it out.”

Board Members

- Julie Pennington (Colfax), LMFT, Chair
- Sheila Roseneau
- Bonnie Blumenthal, LMFT
- Simone Tatman
- Stacey Bethel
- Kendra Wiegand
- Vacant

Board of Supervisors

- Michael Green
- Alt. Moke Simon

Stakeholders

- Betsy Cawn, Acting Board Secretary
- Janet Taylor
- Frank & Willyum Smithwaters

Lake County Behavioral Health

- Stephen Carter, LCBHS Interim Director

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AGENDA

1. Call to Order & Establish Quorum
2. Roll Call & Introductions
3. Approve Agenda –
 - a. Consider input on changes to Agenda for May 11, 2023 regular meeting
 - b. Discuss changes in requirements for in person meeting attendance and the special situations in which a member may participate from home.
4. Approve Minutes -
 - a. Consider input on changes to Minutes from March 9, 2023 regular meeting.
 - b. *Approve Minutes from March 9, 2023 regular meeting - **Action Item**
5. Lake County Behavioral Health Staff Report
 - a. Introduction of Interim Director of Behavioral Health Stephen Carter
 - b. Board involvement in recommending a new Director of Behavioral Health Services
 - c. *MHSA 3-year-plan update & schedule
 - i. Community Meeting 1 – Held on February 2, 2023
 - ii. Community Group Discussions – Completed
 - iii. Community Meeting 2 – Held on March 23, 2023
 - iv. Public Comment Period – May 16 – June 14, 2023
 - v. Public Hearing – June 15, 2023, 10am-12
6. Public Comment on non-agenda items (board members will not participate in any official discussion of items presented at this time)
7. Membership
 - a. *Approve application for board membership from Kendra Wiegand (appointed by BOS on 4/11/23) – **Action Item**
 - b. Welcome letters sent to Simone Tatman, Stacey Bethel, and Kendra Wiegand

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- c. Ethics trainings needed for new members within 30 days

<https://www.fppc.ca.gov/learn/public-officials-and-employees-rules-/ethics-training.html>

Please make sure to select the “Local Officials Ethics Training Course”

- d. Nominations received for new Vice-Chair pro tem, Kendra Wiegand, and Secretary in training Stacey Bethel - **Action Item**

- e. One open position remains on LCMHAB - Interested parties invited to attend at least two regular meetings, and then submit an application for Board Appointment – by following the information found here: <https://www.lakecountycalifornia.gov/1184/Mental-Health-Board>

- 8. Policy, Procedure, and Template updates – None at this time

- 9. Workgroup, Reports and Proposals

- a. *Board By-Laws Ad-hoc Committee workgroup – Completed

- i. Received approval from County Counsel

- ii. *MHAB Bylaws Final Draft 5-8-2023 attached for review, and final approval prior to submission to BOS – **Action item**

- b. Annual Report workgroup – No update available - Next meeting date: to be determined

- 10. Reminders/Follow-up

- a. CALBHBC Board Member Training (optional, strongly recommended) -

<https://www.calbhbc.org/training.html>

- b. Ethics trainings due: (send certificate of completion to Chair, required)

- i. Simone Tatman – 30 days (appointed 3/28/23)

- ii. Stacey Bethel – 30 days (appointed 3/28/23)

- iii. Kendra Wiegand – 30 days (appointed 4/11/23)

- iv. Sheila Roseneau (expired 3/26/23),

- v. Bonnie Blumenthal (expires 6/28/23)

- vi. Julie Pennington (Colfax) (expires 5/7/24)

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11. Announcements & Upcoming Public Meetings

- a. Executive Committee Meeting – see “upcoming activities” below for link.
 - i. As a standing committee the EC meetings are open to the public, as required by the Brown Act, and have a single item, standing agenda as follows.
 - ii. Standing Agenda – Draft agenda for the Regular Meeting of the Lake County Mental Health Advisory Board for the following month.
- b. Upcoming LCMHAB Activities
 - i. Annual Report workgroup meeting – Date TBD
<https://us02web.zoom.us/j/83199380317?pwd=SjdJUW9taFY5L0kxN3owTkZEB0FCQT09>
Meeting ID: 831 9938 0317 Passcode: 123456
 - ii. Executive Committee - May 27th, 2023, 10:30am – Online / Hybrid
<https://us02web.zoom.us/j/82927540496?pwd=V1MwSVRZSUFpNHdhTOMxKzM4NjZYdz09>
Meeting ID: 829 2754 0496 Passcode: 123456
 - iii. Thursday, June 8th, 2023, 4pm - regular meeting of the LCMHAB - In person location
Middletown Library – To be confirmed
<https://us02web.zoom.us/j/83773141863?pwd=SmFFcC9QSGIDNVcwa3h5NG9JYmg4QT09>
Meeting ID: 837 7314 1863 Passcode: 123456
- c. Links for Upcoming Community Activities of interest to members
 - i. CALBHB/C (Association of Local BH Boards) <https://www.calbhbc.org/>
 - ii. CBHPC (BH Planning Council)
https://www.dhcs.ca.gov/services/MH/Pages/CBHPC_QuarterlyMeetings.aspx
 - iii. MHSOAC (MH Services & Accountability Commission)
<https://mhsoac.ca.gov/connect/commission-meetings/>

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12. Adjournment

- a. Next LCMHAB Regular Meeting – June 8th, 2023, 4pm

*Additional documentation provided or to be presented (in Agenda package or at the meeting)