

STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory disease like COVID-19 (Coronavirus)



WASH YOUR HANDS

Scrub with soap & water for at least 20 seconds



COVER YOUR COUGH

cough & sneeze into your elbow or tissue (not your hands)



STAY HOME WHEN SICK

stay away from others if you are sick and experiencing symptoms

For more information: www.cdc.gov/COVID19