

STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory disease
like **COVID-19 (Coronavirus)**



WASH YOUR HANDS

Scrub with soap & water for
at least 20 seconds



COVER YOUR COUGH

cough & sneeze into your
elbow or tissue (not your hands)



STAY HOME WHEN SICK

stay away from others if you are
sick and experiencing symptoms

For more information: www.cdc.gov/COVID19