

# Welcome to Lake County's LCBHS FY 2022-23 Annual Update Public Hearing!

## ¡Bienvenido a la audiencia pública de actualización anual de la MHSa FY 22-23 del Condado de Lake!

While you're waiting for the meeting to start, please take a moment to fill out the sign-in sheet and demographic form if you're attending **in person**.

If you're joining **online**, please enter your name in the chat box and fill out the demographic survey by following the link or scanning the QR code below with your smartphone.

Mientras esperan que comience la reunión, por favor tómese un momento para completar la hoja de registro y el formulario demográfico si está presente en **persona**.

Si está participando **virtualmente**, por favor escriba su nombre en el chat y complete la encuesta demográfica siguiendo el enlace o escaneando el código QR a continuación con su teléfono inteligente.

[tinyurl.com/2022-23-MHSA-Demographics](https://tinyurl.com/2022-23-MHSA-Demographics)





# Lake County's LCBHS MHSA FY 2022-23 Annual Update Public Hearing





# Welcome & Introductions

If you are attending in person, please take a moment to fill out the sign-in sheet. If you are online, please use the Zoom chat to introduce yourselves with your:

**Name**



**Pronouns**



**Program**





# Agenda & Objectives

## Agenda

- MHSA Training & Education
  - MHSA Background
  - Annual Update & Community Planning Process
- PEI Evaluation Reporting
- Community Needs Assessment Findings
- Proposed FY22-23 MHSA Program Modifications
- FY22-23 MHSA Program Budget Request
- Public Comment

## Objectives

- Present proposed MHSA Annual Update developed with community input
- Provide opportunity for stakeholders to provide public comment



# Meeting Tips

- For those attending in person, there will be a coordinator at each site to help manage the Zoom meeting and facilitate attendee participation.
- If you are joining virtually, please find a quiet, distraction-free location with a strong Internet or phone connection, if possible. Consider closing any unnecessary applications to improve Zoom performance.
- Please save any substantive comments, questions, or feedback. Clarifying questions may be asked during the presentation by raising your hand or entering your question into the chat.
- If you are attending in person, raise your hand and an on-site coordinator will let us know there is a question or enter your question into the chat.



**SECTION ONE**

# **Mental Health Services Act: Training & Education**





# MHSA Background

- Proposition 63 passed on November 2, 2004
- 1% tax on income over \$1 million to *expand and transform* mental health services

**Wellness,  
Recovery, &  
Resilience**

**Cultural  
Competence**

**Client &  
Family Driven  
Services**

**Integrated  
Service  
Experience**

**Community  
Collaboration**



# MHSA Overview

## **CSS: Community Services & Supports (76%)**

Outreach and direct services for serious emotional disturbances or serious mental illness (all ages)

## **PEI: Prevention & Early Intervention (19%)**

Prevent the development of mental health problems, and screen for and intervene with early signs

## **INN: Innovation (5%)**

Test new approaches that may improve outcomes

## **WET: Workforce Education & Training**

Build, retain, and train public mental health workforce

## **CFTN: Capital Facilities & Technology Needs**

Infrastructure support (electronic health record, MH facilities)





# FY 21-22 MHSA Programs

## Community Services and Supports (CSS)

- Crisis Access Continuum
- Forensic Mental Health Partnership
- Full-Service Partnerships
- Older Adult Access
- Parent Partner Support
- Trauma-Focused Co-Occurring Disorder Screening & Treatment

## Prevention & Early Intervention (PEI)

- Early Intervention Services
- Family Stabilization & Well-Being
- Older Adult Outreach & Prevention
- Peer Support Recovery Centers
- Postpartum Depression & Screening
- Mental Health First Aid
- Prevention Mini-Grants
- Statewide, Regional, & Local Projects
- Street Outreach Program

## Innovation (INN)

Multi-County Full Service Partnership Innovation Collaborative

## Capital Facilities & Technology Needs (CFTN)

- Capital Facilities
- Electronic Health Record Project

## Workforce Education & Training (WET)

Workforce, Education, & Training



# MHSA Background & Overview

To learn more about the MHSA programs, please visit LCBHS' MHSA website:

<http://www.lakecountycalifornia.gov/Government/Directory/LCBHS/MHSA.htm>



## SECTION TWO

# Annual Update & Community Planning Process





# Annual Update & Community Planning Process



## **Purpose of Annual Update:**

To provide updates to the adopted MHSAs Three-Year Program and Expenditure Plan for FY2020–2023, including:

- Program status and service accomplishments in FY2020–21
- Program changes beginning in FY2022–23, based on needs assessment and stakeholder input



## **Community Planning Process:**

The MHSAs intends that there be a meaningful stakeholder process to provide subject matter expertise to the development of plans focused on utilizing the MHSAs funds at the local level



# MHSA Stakeholders

**Program planning shall be developed with local stakeholders including:**

- Adults and seniors with severe mental illness
- Families of children, adults, and older adults with severe mental illness
- Providers of mental health services
- Law enforcement agencies
- Education agencies
- Social services agencies
- Veterans and representatives from veterans organizations
- Providers of alcohol and drug services
- Health care organizations
- Other important interests

**Source: WIC  
Section 5848. (a)**



# Roles & Responsibilities

## Stakeholders

Present individual perspectives and lived experiences and share reflections of emerging strategies to meet the community's needs

## Behavioral Health Services Department

Develop MHSA Program Update that is reflective of community needs, priorities, and identified strategies

## Mental Health Advisory Board

Assure stakeholder involvement, review and advise on the MHSA Annual Update, and conduct Public Hearing

## Board of Supervisors

Review and approve the MHSA Annual Update

## RDA

Collect and present findings on the current system, offer recommendations for the future, facilitate discussions, and compile information into the MHSA Annual Update



# MHSA Planning Activities

## Phase I: Kickoff (Dec '21)

- Kickoff with LCBHS
- Document and regulatory review
- Materials development

## Phase II: Needs Assessment (Jan - Mar '22)

- Conduct Community Meeting
- Launch Community Survey
- Conduct Focus Groups
- Collect Program Data

## Phase III: Program Planning (Apr '22)

- Synthesize stakeholder input on needs and services
- Identify potential updates to the MHSA Plan

## Phase IV: Plan Development (May - Aug '22)

- Develop Annual Update
- Public Posting (June)
- Public Hearing (July)
- Finalize Annual Update & present to BOS (August)

# **Mental Health Services Act: Training & Education**

Stakeholder Poll







**SECTION THREE**

# **PEI Evaluation Reporting**





# PEI Evaluation Reporting

**In FY18–19, the MHSOAC updated PEI reporting requirements to include evaluation of PEI programs. Reporting requirements include:**

## **PEI Annual Report:**

- Consumers served, consumer demographic information, and program accomplishments in previous fiscal year
- Specific program implementation information based upon PEI service area

## **PEI Three–Year Evaluation Report:**

- Program status, consumers served, and program accomplishments during the *previous three* fiscal years
- Specific program implementation *and* outcome information based upon PEI service area

**LCBHS has been working with PEI programs to strengthen PEI reporting. The FY2022–23 MHSOAC Annual Update includes LCBHS' PEI Three–Year Evaluation Report for FY18–19 through FY20–21.**



# PEI Evaluation Reporting

**PEI Reporting requirements differ based on the PEI Service Areas below:**

**Prevention**

**Early Intervention**

**Access & Linkage to  
Treatment**

**Improve Timely  
Access to Services  
for Underserved  
Populations**

**Outreach for  
Increasing  
Recognition of Early  
Signs of Mental  
Illness**

**Stigma &  
Discrimination  
Reduction**

**Suicide Prevention**

**Programs may integrate more than one service area. Programs must also use the following strategies:**

1. Create access and linkage to treatment
2. Create access to mental health services for underserved populations
3. Utilize strategies that are non-stigmatizing and non-discriminatory



# PEI Evaluation Reporting

Program Name	Service Area	Integrated
Early Intervention Services	<ul style="list-style-type: none"><li>• Early Intervention</li></ul>	No
Mental Health First Aid	<ul style="list-style-type: none"><li>• Outreach for Increasing Recognition of Early Signs of Mental Illness</li></ul>	No
Motherwise	<ul style="list-style-type: none"><li>• Prevention</li></ul>	No
The Nest	<ul style="list-style-type: none"><li>• Prevention</li></ul>	No
Older Adult Outreach & Prevention	<ul style="list-style-type: none"><li>• Improve Timely Access to Services for Underserved Populations</li></ul>	No
Peer Support Recovery Centers	<ul style="list-style-type: none"><li>• Access &amp; Linkage to Treatment</li><li>• Improve Timely Access to Services for Underserved Populations</li><li>• Prevention</li><li>• Stigma &amp; Discrimination Reduction</li></ul>	Yes
Prevention Mini-Grants	<ul style="list-style-type: none"><li>• Prevention</li></ul>	No
Statewide, Regional, & Local Projects	<ul style="list-style-type: none"><li>• Stigma &amp; Discrimination Reduction</li><li>• Suicide Prevention</li></ul>	Yes
Street Outreach	<ul style="list-style-type: none"><li>• Access &amp; Linkage to Treatment</li></ul>	No



## SECTION FOUR

# Community Needs Assessment Findings





# Needs Assessment Participation

Activity	Date	Participants
Community Meeting #1	February 2022	58
Community Survey	February-March 2022	88
Focus Groups	March 2022	24
Community Meeting #2	April 2022	67
<b>Total</b>		<b>237</b>

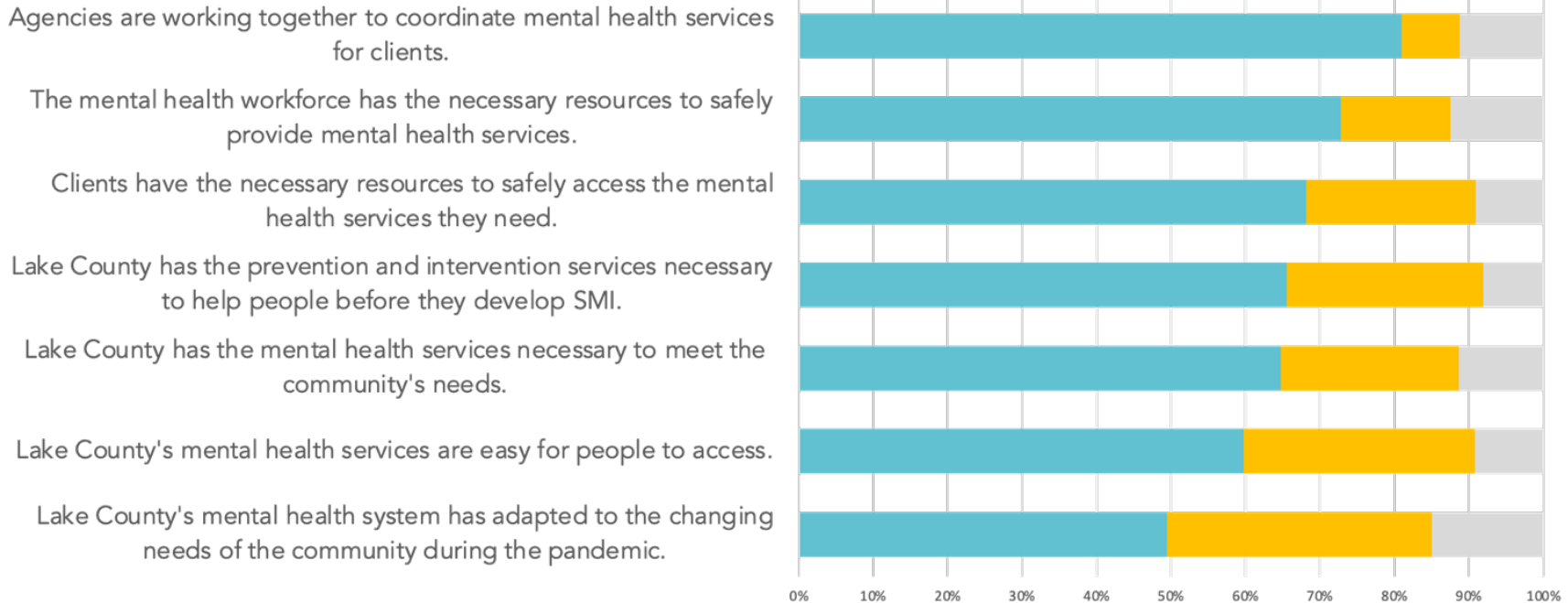
## CPP Stakeholder Affiliation (N=237 Stakeholders)





# Needs Assessment Survey Findings

Very or Mostly true    A little bit or Not at all true    Don't know or N/A





# Needs Assessment Strengths

- Peer Support Centers are a key strength
  - Sense of safety and emotional support for consumers
  - Resource hub to fulfill consumer needs beyond behavioral health
  - Strong referral networks
- Telehealth and virtual services as an option for consumers
- Needed resources and supports such baby supplies, food, groceries, access to computers and telephones
- Postpartum mental health services (Mother wise)
- Friendly and supportive LCBHS staff

Remote access to therapist sessions and the ability to reach people even when they work at home  
-Survey participant

It's a safe place to come to and check in with like minded people. They are trying to better the community  
- Consumer at Peer Support Center



## Populations in Need

- Homeless individuals
- Youth & Families
- Family members
- Older Adults
- Communities of Color



# Needs Assessment Challenges

- **Covid Impact** on services and pivot to virtual services not being accessible or appropriate for everyone
- **Insufficient staffing**, staffing retention and continuous training challenges
- Barriers to affordable **housing** assistance and/or homeless services
- **Timeliness of services** for scheduling appointments with MH providers and/or lack of crisis services
- Inability to access services due to **stigma, low awareness, geography and language** amongst others
- **Service gaps** and lack of infrastructure support for **care coordination**



# Proposed Strategies to Meet Needs for FY 22-23

## Service awareness, outreach and access



- Educate potential consumers/broader community about MH beyond social media
- Devise/automate technique of sending appointment reminders
- Opportunities for consumers to be social
- Develop pamphlet at each peer support center listing available resources
- Improve MH facility appearance
- Expand mobile services
- Support families impacted by Covid-19
- Generate bilingual resources
- Organize more MH wellness workshops

## Service coordination



- Enhance mental health provider networks to shorten appointment wait times
- Improve accessibility through partnerships with external agencies to raise more MH awareness
- Increase service equity and consistent supports across all peer support centers



# Proposed Strategies to Meet Needs for FY 22-23

## Need for new services/interventions

- Develop a mobile crisis response team without police intervention
- Implement residential treatment facility(ies)
- Start Promotores program
- Open a Wellness Center for Children and Youth in the City of Clearlake
- Start a student crisis team in schools to address MH
- Pay stipends for community members (and agencies of color) to share their experiences and lead conversations on how to better serve their needs
- Open an emergency homeless shelter for TAY

## Services for Specific Populations

- Affordable/low-income housing
- Older Adults such as in-home assistance
- Families such as parental training, how to support loved ones with SMI, youth therapy

## Workforce, Education & Training

- Improve and expand WET incentives to hire/retain staff
- Create a diverse staffing pipeline with training
- Need to expand the pipeline of counselors/therapists in the region



**SECTION FIVE**

**Proposed FY 22-23 MHSA  
Programs & Modifications**





# FY 22–23 MHSA Programs & Modifications

## Community Services and Supports (CSS)

- Crisis Access Continuum
- Forensic Mental Health Partnership
- Full-Service Partnerships
- Older Adult Access
- Parent Partner Support
- Trauma-Focused Co-Occurring Disorder Screening & Treatment
- **Outreach & Engagement (Modified)**
- **Peer Support Centers (Modified)**

## Prevention & Early Intervention (PEI)

- Early Intervention Services
- Family Stabilization & Well-Being
- Older Adult Outreach & Prevention
- **Peer Support Recovery Centers (Modified)**
- **Outreach & Engagement/ Street Outreach (Modified)**
- Postpartum Depression & Screening
- Mental Health First Aid
- Prevention Mini-Grants
- Statewide, Regional, & Local Projects

## Innovation (INN)

Multi-County Full Service Partnership Innovation Collaborative

## Capital Facilities & Technology Needs (CFTN)

- Capital Facilities
- Electronic Health Record Project

## Workforce Education & Training (WET)

Workforce, Education, & Training



# FY 22–23 Program Modifications

## New Programs and Modifications:

- **Peer Support Centers:** Youth & Family Peer Support Center with a parent partner co-located at the La Voz Peer Support Center facility
- **Peer Support Centers:** Additional funds to all Peer Support Centers to strengthen existing programs
- **Outreach and Engagement:** Designation as an independent program building off of Street Outreach and previous similar programs, funded by both CSS & PEI

## Other Notable Progress Updates:

- Plans to renovate and remodel **Clearlake Clinic**
- Hiring more **prevention specialists/outreach staff**
- Hired **WET coordinator** and strengthening WET programming
- Creating guidelines for **peer support specialist certification**



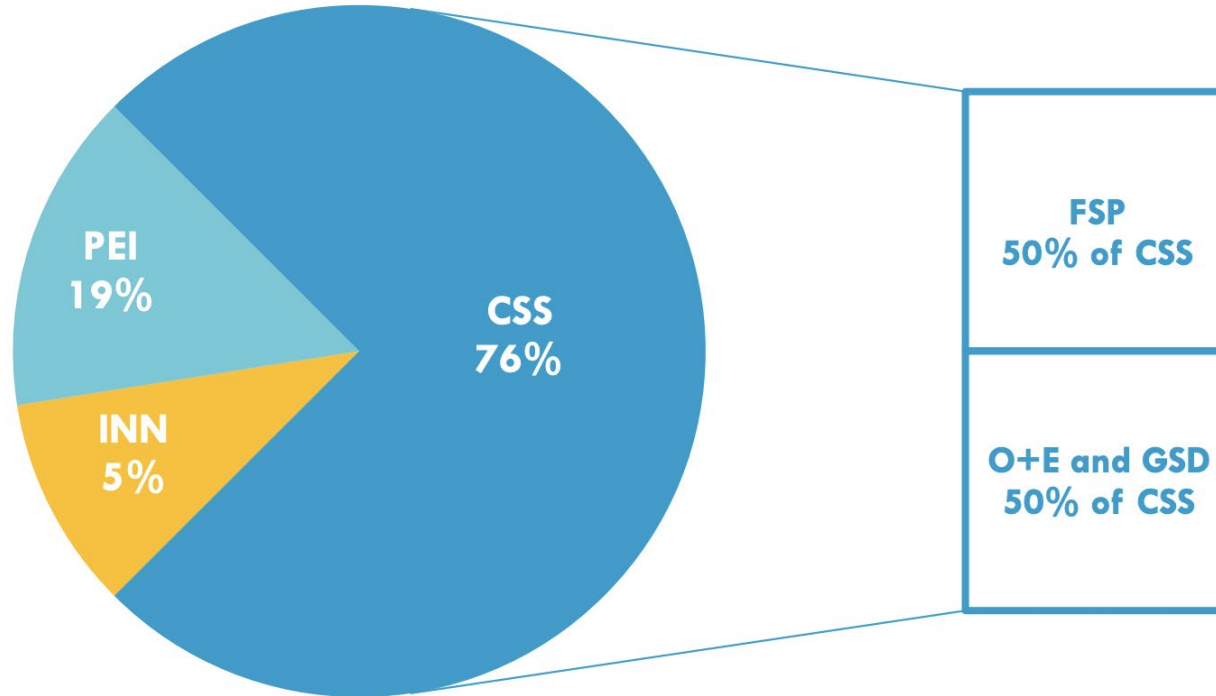
**SECTION SIX**

**FY 22-23 MHSA Program  
Budget Request**





# MHSA Allocation Requirements







# LCBHS FY 22–23 MHSa Program Budget Request Summary

MHSa Component	FY22-23 Estimated MHSa Expenditures
All Community Services & Supports (CSS) Programs	\$4,365,000
All Prevention & Early Intervention (PEI) Programs	\$1,103,140
All Innovation (INN) Programs	\$359,390
All Workforce, Education, and Training (WET) Programs	\$235,000
All Capital Facilities & Technology Needs (CFTN) Programs	\$428,635
<b>TOTAL</b>	<b>\$6,491,165</b>



## SECTION SEVEN

# Public Comment & Discussion





# How to contribute to the discussion

There is a 3-minute time limit on comments. Contribute to the discussion by:



**Computer:** To speak through your computer click on the *participants* icon at the bottom of the screen and select the *raise hand* icon.



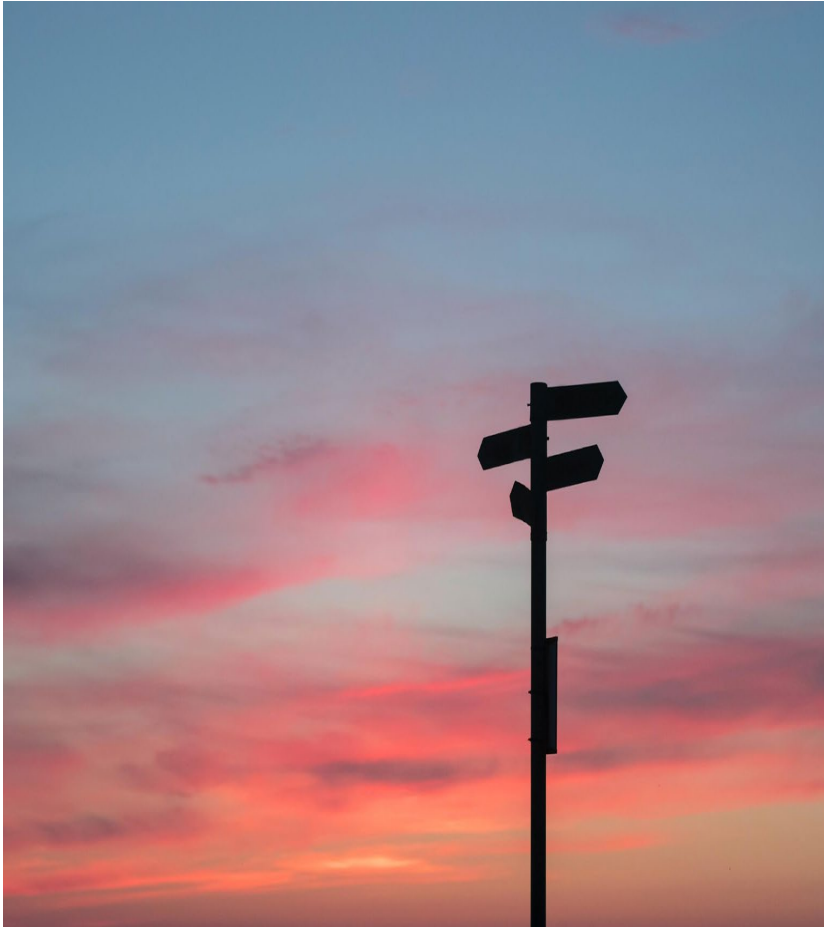
**Phone:** To speak over the phone “raise hand” by pressing \*9.



**Chat:** To share a comment using the Zoom chat feature, click on the *chat* icon at the bottom of the screen and type your comment into the chat box. A meeting facilitator will review your comment.



**E-mail:** Send your comments over email to [Scott.Abbott@lakecountyca.gov](mailto:Scott.Abbott@lakecountyca.gov)



# Public Comment



# Next Steps

Finalize Annual Update with Public Comments

Present update to Board of Supervisors:  
August 2022



# Meeting Follow-Up Survey

We invite you to take our brief survey to share any feedback about this meeting, and to provide any additional comments about the MHSA FY22-23 Annual Update. For in-person attendees, paper feedback forms are also available.

Los invitamos a realizar nuestra breve encuesta para compartir cualquier comentario sobre esta reunión y para proporcionar comentarios adicionales sobre la actualización anual de la MHSA FY22-23. Para aquellos que atendieron en persona, los formularios de comentarios en papel también están disponibles en cada sitio.

[tinyurl.com/2022-23-MHSA-Feedback](https://tinyurl.com/2022-23-MHSA-Feedback)



**Thank you!**  
**Gracias!**

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**Access recording and  
slides on this website**

**<http://www.lakecountyca.gov/Government/Directory/LCBHS/MHSA/Announcements.htm>**