

Carrier Contacts

Plan Type	Provider	Phone Number	Website	Policy/Group #
Medical	Anthem Blue Cross	(800) 333-0912	www.anthem.com/ca	PPO 35: 175075M934 Law PPO: 175075M905 PPO 80: 175075M910 ABHP: 175075M922 Bronze HSA Plan: 175075M93
Rx: PPO 35 Rx: PPO 80 Rx: PPO Law	Express Scripts	(877) 554-3091	www.express-scripts.com	PPO 35: 175075M934 PPO 80: 175075M910 PPO Law: 175075M905
Rx: ABHP Rx: Bronze	IngenioRx	(833) 419-0530	https://www.ingenio-rx.com/	ABHP: 175075M922 Bronze HSA Plan: 175075M93
Dental	Delta	(800) 765-6003	www.deltadentalins.com	04406
Vision	VSP	(800) 877-7195	www.vsp.com	30010967
Retirement	CalPERS	(888) 225-7377	https://www.calpers.ca.gov/	N/A
Life & AD&D	Voya	(888) 238-4840	www.voya.com	316407-157
Employee Assistance Program	MHN	(800) 242-6220	www.members.mhn.com	6750
Employee Assistance Program	Voya ComPsych Guidance	(877) 533-2363	www.guidanceresources.com	Web ID: MY5848i
Flexible Spending Account	Workterra	(888) 327-2770	www.workterra.com	N/A
Travel Assist	Voya	(800) 859-2821	www.voyatravel.com	Group ID: N1VOY
457 Deferred Comp	Nationwide	Paul Menard (916) 541-7032	www.nrsforu.com	N/A
457 Deferred Comp	AIG	Mazher Mir (707) 312-2849	Mazher.Mir@aig.com	N/A
Supplemental	Aflac	Jason Shepherd (707) 391-7587	Jason.Shepherd@us.aflac.com	N/A
Supplemental	Reach	Nicole Vice (707) 239-2505	https://www.airmedcarenetwork.com/businessplanregistration	N/A
Supplemental	Legal Shield	Judy Samson 707-479-1702	https://www.legalshield.com/	N/A
Supplemental	New York Life	Eric Gibboney (707) 569-7113	https://www.newyorklife.com/	N/A
Banking	RCU	(707) 545-4000	rcu/locations-hours-atms/lower-	N/A
Value Added Service	Hinge Health	(855) 902-2777	www.hingehealth.com/PRISM	N/A
Value Added Service	Lark		Lark.com/anthemBC	N/A
Value Added Service	Carrum Health	(888) 855-7800	https://info.carrumhealth.com/PRISM/	N/A
Value Added Service	Livongo	(800) 945-4355	join.livongo.com/PRISM-EXPRESSSCRIPTS	Code: PRISM-EXPRESSSCRIPTS

View your benefits at MyBenefits.Life® Type lakecounty.mybenefits.life on your internet browser
Enter your assigned Employer Key - lakecounty