

Welcome to Lake County's MHSA Community Input Meeting!

While you're waiting for the meeting to start, please take a moment to enter your name and fill out the online demographic survey at:

<https://tinyurl.com/2021demographicsurvey>



MHSA FY20-21 Annual Update: Community Input Meeting

Thursday, April 15th

Lake County Behavioral Health Services

Resource Development Associates

Welcome and Introductions

Please use the chat to introduce yourselves with your:



Name



Pronouns



Program

Agenda and Objectives



Agenda

- MHSA Background
- Annual Update & Community Planning Process
- Community Needs Report-back & Discussion
- Proposed Strategies Report-back & Discussion
- Break
- AOT Discussion



Meeting Objectives

- Review & discuss needs assessment key findings
- Identify potential strategies and program changes to better address needs

Virtual Meeting Tips

Virtual Meeting Tips

- Please find a quiet, distraction-free location with a strong Internet or phone connection, if possible.
- If using a smart phone or computer, we recommend closing all unnecessary programs and applications to improve performance.
- We will be providing audio/video support to all attendees until the public hearing begins.

How to Contribute to the Discussion

Contribute to the discussion by:



Computer: To speak through your computer click on the *participants* icon at the bottom of the screen and select the *raise hand* icon.



Phone: To speak over the phone “raise hand” by pressing *9.

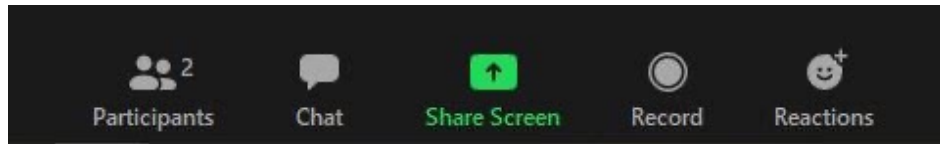


Chat: To share a comment using the Zoom chat feature, click on the *chat* icon at the bottom of the screen and type your comment into the chat box. A meeting facilitator will review your comment.

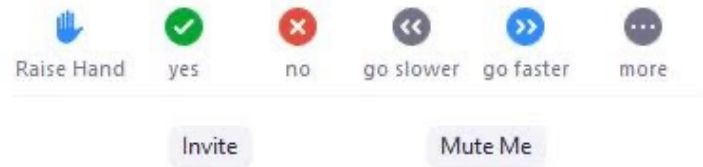


E-mail: Send your comments over email to Scott.Abbott@lakecountycalifornia.gov

Participant Hand Raise



Click on the *Participants* icon at the bottom of the screen. When the panel of participants pops up, click on the *Raise Hand* icon at the bottom.



Comfort Agreements / Ground Rules

- Respect all persons and opinions
- Maintain confidentiality
- Make space / Take space
- Right to pass
- Try it on
- Other agreements?

Mental Health Services Act Background Information

MHSA Overview

- Proposition 63 passed on November 2, 2004
- 1% tax on income over \$1 million to *expand and transform* mental health services

Wellness,
Recovery, &
Resilience

Cultural
Competence

Client &
Family Driven
Services

Integrated
Service
Experience

Community
Collaboration

MHSA Overview

CSS: Community Services & Supports (76%)

Outreach and direct services for serious emotional disturbances or serious mental illness (all ages)

PEI: Prevention & Early Intervention (19%)

Prevent the development of mental health problems, and screen for and intervene with early signs

INN: Innovation (5%)

Test new approaches that may improve outcomes

WET: Workforce Education & Training

Build, retain, and train public mental health workforce

CFTN: Capital Facilities & Technology Needs

Infrastructure support (electronic health record, MH facilities)

Current MHSA Programs

Community Services and Supports (CSS)

- Crisis Access Continuum
- Forensic Mental Health Partnership
- Full-Service Partnerships
- Older Adult Access
- Parent Partner Support
- Trauma-Focused Co-Occurring Disorder Screening & Treatment

Prevention & Early Intervention (PEI)

- Early Intervention Services
- Family Stabilization & Well-Being
- Older Adult Outreach & Prevention
- Peer Support Recovery Centers
- Postpartum Depression & Screening
- Prevention Mini-Grants
- Statewide, Regional, & Local Projects

Innovation (INN)

- Full Cycle Referral & Consumer-Driven Care Coordination

Capital Facilities & Technology Needs (CFTN)

- Capital Facilities
- Electronic Health Record Project

Workforce Education & Training (WET)

- Workforce, Education, & Training

Annual Update & Community Planning Process

Annual Update & Community Planning Process



Purpose of Annual Update:

To provide updates to the adopted MHSA Three-Year Program and Expenditure Plan for FY2020–2023, including:

- Program status and service accomplishments in FY19-20
- Program changes beginning in FY2021-22, based on needs assessment and stakeholder input



Community Planning Process:

The MHSA intends that there be a meaningful stakeholder process to provide subject matter expertise to the development of plans focused on utilizing the MHSA funds at the local level

Annual Update & Community Planning Process

Program planning shall be developed with local stakeholders including:

- Adults and seniors with severe mental illness
- Families of children, adults, and older adults with severe mental illness
- Providers of mental health services
- Law enforcement agencies
- Education agencies
- Social services agencies
- Veterans and representatives from veterans organizations
- Providers of alcohol and drug services
- Health care organizations
- Other important interests

Source: WIC Section 5848. (a)

Roles and Responsibilities

Stakeholders

Present individual perspectives and lived experiences and share reflections of emerging strategies to meet the community's needs

Behavioral Health Services Department

Develop MHSA Program Update that is reflective of community needs, priorities, and identified strategies

Mental Health Board

Assure stakeholder involvement, review and advise on the MHSA Annual Update, and conduct Public Hearing

Board of Supervisors

Review and approve the MHSA Annual Update

RDA

Collect and present findings on the current system, offer recommendations for the future, facilitate discussions, and compile information into the MHSA Annual Update

MHSA Planning Activities

Phase I: Kickoff

- Kickoff with LCBHS
- Document and regulatory review
- Materials development

December '20

Phase II: Needs Assessment

- Conduct Community Meeting
- Launch Community Survey
- Collect Program Data

January - March '21

Phase III: Program Planning

- Synthesize stakeholder input on needs and services
- Identify potential updates to the MHSA Plan

April - May '21

Phase IV: Plan Development

- Develop Annual Update
- Post for public comment (June)
- Hold public hearing (July)
- Finalize Annual Update & present to BOS (July)

May - July '21

COVID-19 Considerations

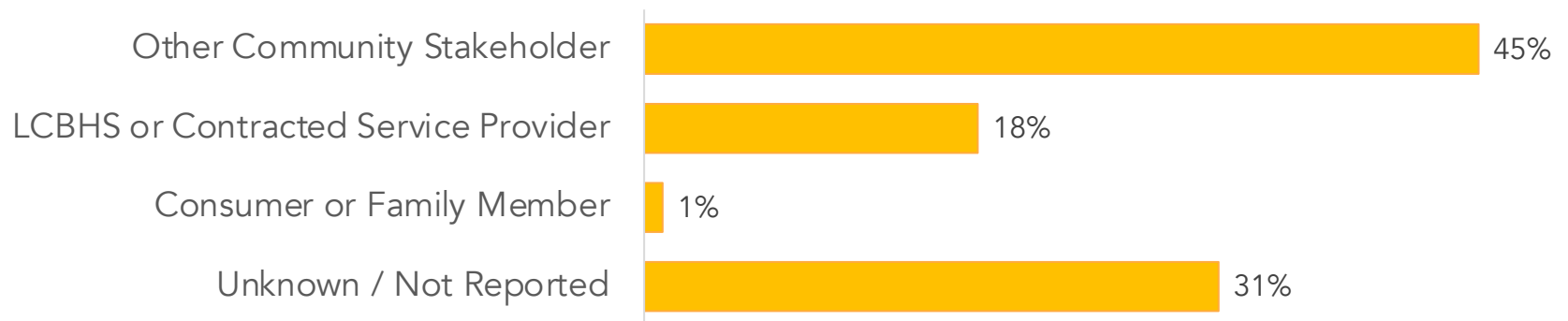
- The needs assessment and planning process for the MHSA FY20-23 Three-Year Plan took place before COVID-19 and shelter-in-place.
- As a result of COVID-19, the implementation of some proposed MHSA programs or program components has been delayed.
- There is some uncertainty of MHSA funding moving forward. The services and program modifications in the FY20-23 MHSA plan may need to adapt to the evolving funding landscape.

Community Needs Report-back & Discussion

Needs Assessment Participation

Activity	Date	Participants
Community Meetings	February 2021	67
Community Survey	January – March 2021	17
TOTAL		84

Survey and Community Meeting Stakeholders



Key Themes: Strengths and Challenges

STRENGTHS

- **Telehealth and virtual services** help some consumers continue engaging in services
- LCBHS is **leveraging social media** to share information
- There is greater **compassion and understanding** of mental health challenges

CHALLENGES

- **Telehealth and virtual services** are not accessible to or appropriate for everyone
- Some community members and providers **lack the necessary technology** for virtual services
- **Outreach has been more challenging** with social distancing and in-person restrictions

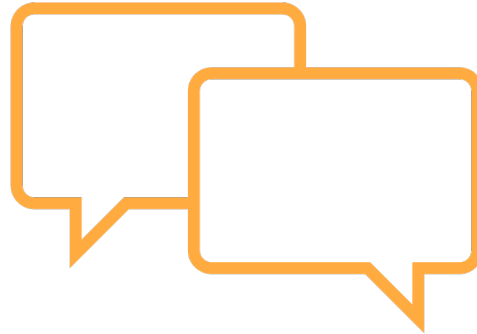
Key Themes: Community Needs

COMMUNITY NEEDS

- Populations experiencing increased needs:
 - **Teens**
 - **Older Adults**
 - Chronically homeless
 - Parents of young children / teens
 - Clearlake and south County
- **Increased needs and demand for services:** mood disorders, substance use, suicidal ideation
- **More complex needs** with other financial, relational, social stressors
- **Increased options for service delivery:** in-home, field-based, tech loans
- **More outreach and prevention services,** particularly for mild-to-moderate needs
- **More community health workers and peer support counselors** to extend the workforce
- Improved **internal collaboration** between LCBHS and contract providers
- Improved **coordination** between LCBHS and **external agencies**

Needs Discussion

- Do these findings resonate?
- How will needs change as programs begin more in-person services?



Strategies Report-back & Discussion

Key Themes: Proposed Strategies to Meet Needs

STRATEGIES

- **Funding to provide technology** to those in need
- Leverage partnerships and community resources to **develop home-visiting programs**
- Promote and **strengthen 211 services**
- Conduct **regular meetings with LCBHS and contract providers**
- **Partner with external agencies** to provide and coordinate services
- **Create virtual or hybrid training** options for programs (e.g., MHFA)
- Create an **older adult support network**
- Provide more **parenting resources and support**
- Bolster **youth mental health services**
- Create more training opportunities for **Community Health Workers & Peer Support Counselors**
- Provide **incentives to recruit/retain workforce**

Prioritization Poll

What are the **top needs** that you think LCBHS should address in the upcoming year?



Strategies Discussion

- What can be done, within existing MHSA programs, to better meet the prioritized needs in the next year?
- What new strategies may be needed?
- What would be needed to implement these strategies?



Next Steps

Next Steps

Develop plan: May 2021



Post for public comment: June 2021



Public Hearing: July 2021



Submit update to Board of Supervisors: July 2021

Meeting Follow-up Survey

We invite you to take our brief survey to share any feedback about this meeting, and to provide any additional input on mental health needs and MHSA services in Lake County:

<https://tinyurl.com/mhsafeedback>





Thank you!

Scott Abbott, Scott.Abbott@lakecountycga.gov

Jamie Dorsey, jdorsey@rdaconsulting.com

Nicole Liner-Jigamian, nliner@rdaconsulting.com

Troubleshooting Audio or Video Issues

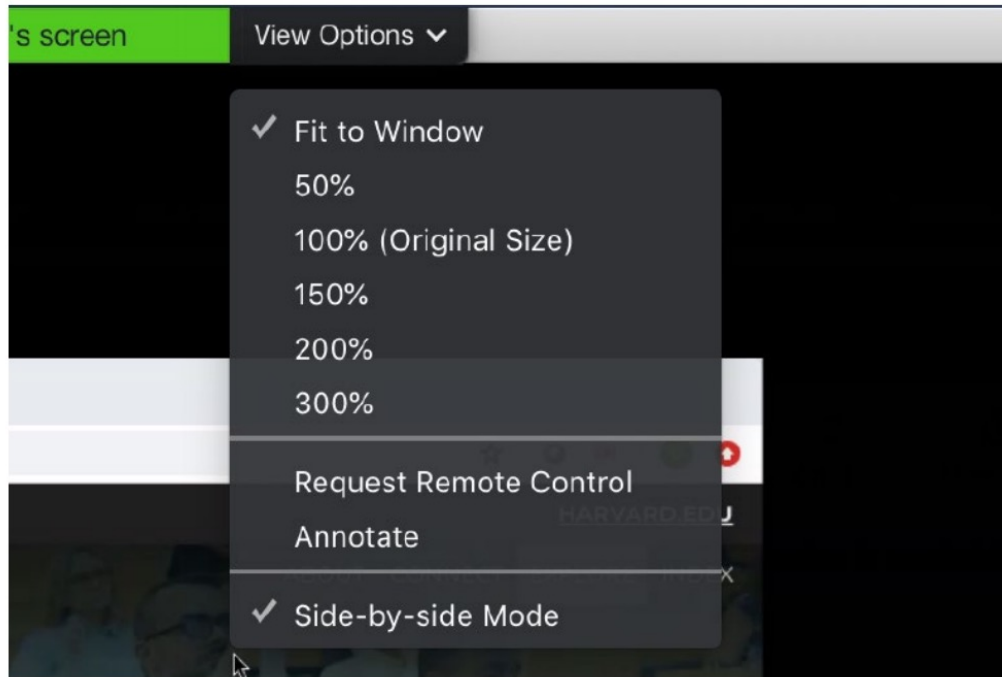
Audio Problems

- Can't hear?
 - Click the arrow next to the microphone icon in the lower left of the Zoom window and ensure that you have the correct sound output device chosen.
 - Ensure your computer's speakers are not on mute.

Video Problems

- Video won't display: Click the video icon in the lower left and ensure you have your camera selected.
- Video is choppy/intermittent: Check your internet connection and ensure that it is connected and functioning.

Zoom Tip: Choose Your View



Under the **“View Options”** dropdown menu at the top of your screen, you should choose **“Side-by-Side Mode.”**

This will allow you to see the speaker and their content if displayed.